Building A Better Brain
University of Miami Miller School of Medicine
Saturday & Sunday, November 7 & 8, 2020
Virtual Experience - Live Engagement

Conference Objectives
At the completion of this course, attendees will be able to:
• Learn how to assess risk for Alzheimer’s disease and create an individualized risk reduction plan
• Understand the relationship of systemic abnormalities and autistic behavior
• Illustrate the important role the HPA axis plays on circadian rhythm and energy management and how stress adaptation can cause dysfunctions in both
• Describe how screen time’s physiological impacts translate into symptoms related to mood, focus, sleep, and social behavior
• Implement and/or prescribe an “electronic fast” (screen fast) to help clarify diagnoses, shift family dynamics, and determine a baseline for screen time tolerability, all while improving executive functioning, emotional regulation, and social competence
• Be able to name at least 3 integrative treatment interventions for autism

Target Audience
University of Miami Miller School of Medicine Faculty, Community Physician Practitioners, Residents, Medical Students, Allied Health Professionals

Featured Speakers

Your Conference Registration Includes
• 10 presentations from leading experts in integrative medicine
• Interactive Q & A sessions with teaching faculty
• Access to interactive exhibitor hall

VIP Upgrade Registration Includes
• 3 Months of unlimited instant replay for all presentations
• Special Osher gift delivered to your door
• Private VIP happy hour with speakers
• $50 off 2021 registration