PLANETARY HEALTH TO HUMAN HEALTH: Strategies and New Insights
University of Miami Miller School of Medicine
October 15 – 17, 2021 • Miami Marriott Biscayne Bay

Conference Objectives
At the completion of this course, attendees will be able to:
• Identify nutrient deficiencies and imbalances based on clinical conditions related to toxin load, psychological stress, chronic diseases, and lifestyle factors
• Recognize the role of the microbiome and mitochondria in human genetics
• Identify 6 constellations associated with nutrition insufficiency commonly seen in primary care
• Apply the effects of the stress response in the brain for mental and physical well-being
• Identify and experience specific music therapy interventions for training attention and concentration, exercising motor skills, and inducing a relaxation response
• Recognize how nutritional, manual and movement therapies help restore balanced function by restoration of flow within the fascial crystal matrix
• Demonstrate the need for multidisciplinary and ecosystem-based framework for understanding patterns of human disease, and guiding a new approach to public health

Target Audience
University of Miami Miller School of Medicine Faculty, Community Physician Practitioners, Residents, Medical Students, Allied Health Professionals

Featured Speakers

Zach Bush, MD
Founder & Physician
Sempio Group, Corp
Charlottesville, VA

Kulreet Chaudhary, MD
Practitioner, Author, Researcher
WellSpring Health, Scripts Memorial
San Diego, CA

Carol Davis, DPT, EdD, MS, FAPTA
Professor Emerita, Physical Therapy
University of Miami
Miami, FL

Anitha Durve, DOM, AP
Practitioner, Professor, Author
Osher Center for Integrative Health
Fort Lauderdale, FL

Tiffany Field, PhD
Director, Touch Research Institute
University of Miami
Miami, FL

Mary Adelyn Kauffman, DMA, MM, MT-BC, NMT
Music Therapist, Sylvester Comprehensive Cancer Center
University of Miami
Miami, FL

Your Conference Registration Includes
• 16 presentations from leading experts in integrative medicine
• Interactive Q & A sessions with teaching faculty
• Welcome reception Friday evening
• Conference welcome package
• Pre-conference special pricing (NON CME)
• Gourmet healthy breakfast and lunch Saturday
• Tasting tables from local, sustainable & organic restaurants

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