PLANTARY HEALTH TO HUMAN HEALTH: Strategies and New Insights
University of Miami Miller School of Medicine
March 4 – 6, 2022 • Miami Marriott Biscayne Bay

Conference Objectives
At the completion of this course, attendees will be able to:
• Identify nutrient deficiencies and imbalances based on clinical conditions related to toxin load, psychological stress, chronic diseases, and lifestyle factors
• Identify 6 constellations associated with nutrition insufficiency commonly seen in primary care
• Apply the effects of the stress response in the brain for mental and physical well-being
• Identify and experience specific music therapy interventions for training attention and concentration, exercising motor skills, and inducing a relaxation response
• Recognize how nutritional, manual and movement therapies help restore balanced function by restoration of flow within the fascial crystal matrix

Target Audience
University of Miami Miller School of Medicine Faculty, Community Physician Practitioners, Residents, Medical Students, Allied Health Professionals

Opening Speaker: Andrew Weil, MD
The Evolution of Integrative Medicine

Featured Speakers

Kulreet Chaudhary, MD
Practitioner, Author, Researcher
WellBeing Health, Scripps Memorial
San Diego, CA

Carol Davis, DPT, EdD, MS, FAPTA
Professor Emerita, Physical Therapy
University of Miami
Miami, FL

Anisha Durve, DOM, AP
Practitioner, Professor, Author
Center for Integrative Health
Fort Lauderdale, FL

Tiffany Field, PhD
Director, Touch Research Institute
University of Miami
School of Medicine
Miami, FL

Mary Adelyn Kauffman, DMA, MM,
Music Therapist
Founder
Bluebird Healing Arts
Miami, FL

Todd LePine, MD, IFMCP
Physician
The UltraWellness Center
Lenox, MA

Daphne Miller, MD
Physician, Professor, Research Scientist
University of California, San Francisco

Deanna Minich, PhD, IFMCP
Teacher, Author, Scientist, Speaker, Artist
University of Western States
Seattle, WA

Romila Mushtag, MD, ABIHM
Neurologist, Speaker, Corporate Consultant
BrainSHIFT Institute
Orlando, FL

David Rakel, MD
Professor and Chair, Family Medicine
University of New Mexico School of Medicine
Albuquerque, NM

Robert Roontree, MD
Founder & Physician
doctordiet.com
Boulder, CO

Michael Stone, MD, MS, IFMCP
Medical Director
Stone Medical, PC
Ashland, OR

Your Conference Registration Includes
• 16 presentations from leading experts in integrative medicine
• Interactive Q & A sessions with teaching faculty
• Welcome reception Friday evening
• Conference welcome package
• Pre-conference special pricing (NON CME)
• Gourmet healthy lunch Saturday and breakfast Sunday
• Tasting tables from local, sustainable & organic restaurants

Sponsored By the University of Miami Miller School of Medicine

CONFERENCE SCHEDULE
Friday, March 4, 2022, 9:00 am – 4:00 pm
Pre-Conference (NON CME)
Saturday, March 5, 2022, 8:15 am – 6:00 pm
Conference (CME)
Sunday, March 6, 2022, 8:00 am – 12:55 pm
Conference (CME)

HOTEL LOCATION
Miami Marriott Biscayne Bay
1633 North Bay Shore Drive
Miami, FL 33132

Book before Feb. 21, 2022 to receive $279 per night Special rate. Subject to availability. Visit conference website for link to hotel or call 800.295.1421 and request the University of Miami Osher Center For Integrative Medicine Conference group rate.

REGISTRATION FEE
Physician Pricing (MD & DO):
$729 / $599 Early Bird prior to February 4
Other Healthcare Professionals:
$629 / $499 Early Bird prior to February 4
UM / Educator / General Admission:
$529 / $399 Early Bird prior to February 4
Students:
$129 / $89 Early Bird prior to February 4
(students must provide student photo ID)
Pre-Conference - $99

REGISTER ONLINE AT
osher.med.miami.edu or call 305.243.0945 for more info

ACCREDITATION: University of Miami Leonard M. Miller School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION: University of Miami Leonard M. Miller School of Medicine designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

11.5 CEUs have been approved by the Florida Board of Acupuncture, Chiropractic Medicine, Dentistry, Clinical Social Work, Marriage and Family Therapy, Mental Health, Counseling, Psychology, Pharmacy, and the Florida Council of Dietetics and Nutrition. CE-Provider Number: 50-2682.

Continuing Education Credit (CEU): This conference has been planned and implemented in accordance with the essential areas and policies of the Florida Board of Nursing for Continuing Education Provider #50-2105.

Credit Designation: 11.5 CEU’s have been approved by the University of Miami School of Nursing & Health Studies. Disclosure & Conflict of Interest Resolution: All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or lack thereof, will be provided to learners.
## Planetary Health to Human Health: Strategies and New Insights
### 10th Annual Integrative Health Conference
**March 4 - 6, 2022**

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<tr>
<td><strong>Friday, March 4th</strong></td>
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<tr>
<td>7:30 am - 9:00 am</td>
<td>Registration</td>
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<tr>
<td>9:00 am - 4:00 pm</td>
<td>Pre-Conference (NON CME) Stress - A Deep Dive: Moving Beyond the HPA Axis</td>
<td>See Pre-Conference flyer for speakers &amp; times</td>
<td>Grand Ballroom</td>
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<td>12:00 pm - 1:15 pm</td>
<td>LUNCH BREAK (on your own)</td>
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<td>5:30 pm - 7:00 pm</td>
<td>Welcome Reception - (NON CME Presentation) Colorful Foods, Colorful Moods: A Rainbow Primer to Phytonutrients for Mental Health</td>
<td>Deanna Minich, PhD</td>
<td>Bayview Ballroom</td>
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<td><strong>Saturday, March 5th</strong></td>
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<td>6:00 am - 8:00 am</td>
<td>Registration</td>
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<tr>
<td>7:00 am - 8:00 am</td>
<td>BREAKFAST</td>
<td>Foyer - 4th Floor</td>
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<tr>
<td>8:15 am - 8:30am</td>
<td>Opening Remarks Introduction</td>
<td>E Robert Schwartz, MD</td>
<td>Grand Ballroom</td>
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<td>Karen Koffler, MD</td>
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<td>8:30 am - 8:45 am</td>
<td>The Evolution of Integrative Medicine</td>
<td>Andrew Weil, MD</td>
<td>Grand Ballroom</td>
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<td>8:45 am - 9:30 am</td>
<td>Growing Health From The Soil Up</td>
<td>Daphne Miller, MD</td>
<td>Grand Ballroom</td>
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<tr>
<td>9:30 am - 10:15 am</td>
<td>Declining Ecosystem Biodiversity and Its Impact on Human Health</td>
<td>Robert Rountree, MD</td>
<td>Grand Ballroom</td>
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<tr>
<td>10:15 am - 10:45 am</td>
<td>BREAK (Exhibit Hall &amp; Tasting Tables)</td>
<td>Foyer - 3rd Floor</td>
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<tr>
<td>10:45 am - 11:45 pm</td>
<td>Why It’s Not Enough to “Eat a Healthy Diet”: How to Assess &amp; Address the 10 Most Common Nutrient Deficiencies</td>
<td>Deanna Minich, PhD</td>
<td>Grand Ballroom</td>
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<td>11:45 am - 12:15 pm</td>
<td>Making a Diagnosis: Physical Exam Pearls through a Chinese Medicine Perspective</td>
<td>Anisha Durve, DOM, AP</td>
<td>Grand Ballroom</td>
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<td>12:15 pm - 1:30 pm</td>
<td>LUNCH - (NON CME Presentation)</td>
<td>Teresa Iribarren, MD</td>
<td>Grand Ballroom</td>
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<td>1:30 pm - 2:15 pm</td>
<td>The Constellations of a Nutrition Clinical Exam</td>
<td>Michael Stone, MD, MS</td>
<td>Grand Ballroom</td>
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<td>2:15 pm - 3:00 pm</td>
<td>Diagnostic Nutritional Lab Assessment: Testing Not Guessing</td>
<td>Todd LePine, MD</td>
<td>Grand Ballroom</td>
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<td>3:00 pm - 3:30 pm</td>
<td>Panel Discussion</td>
<td>Drs Minich, Stone, LePine</td>
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<td>3:30 pm - 4:00 pm</td>
<td>BREAK (Exhibit Hall &amp; Tasting Tables)</td>
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<td>4:00 pm - 4:45 pm</td>
<td>Power of Pause: Mindful Medicine to Heal Healthcare</td>
<td>Romila Mushtaq, MD</td>
<td>Grand Ballroom</td>
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<td>4:45 pm - 6:00 pm</td>
<td>Sound Medicine: A New Frontier In Human Potential</td>
<td>Kuireet Chaudhary, MD</td>
<td>Grand Ballroom</td>
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<td><strong>Sunday, March 6th</strong></td>
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<td>6:30 am - 8:00 am</td>
<td>Registration</td>
<td>Foyer - 4th Floor</td>
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<td>7:00 am - 8:00 am</td>
<td>BREAKFAST - (NON CME Presentation)</td>
<td>Eric Dorninger, ND, LAc</td>
<td>Grand Ballroom</td>
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<td>8:00 am - 8:10 am</td>
<td>Opening Remarks</td>
<td>Karen Koffler, MD</td>
<td>Grand Ballroom</td>
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<td>8:10 am - 8:40 am</td>
<td>Pause, Breathe, &amp; Meditate with Dr. Romie</td>
<td>Romila Mushtaq, MD</td>
<td>Grand Ballroom</td>
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<td>8:40 am - 9:10 am</td>
<td>Music Therapy for Concentration, Rehabilitation, and Relaxation</td>
<td>Mary Kauffman</td>
<td>Grand Ballroom</td>
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<td>9:10 am - 9:40 am</td>
<td>Touch &amp; Touch Therapy</td>
<td>Tiffany Field, PhD</td>
<td>Grand Ballroom</td>
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<td>9:40 am - 10:10 am</td>
<td>BREAK (Exhibit Hall &amp; Tasting Tables)</td>
<td>Foyer - 3rd Floor</td>
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<td>10:10 am - 11:25 am</td>
<td>Fascia and Biotenseignity, The Foundation of Holistic Care</td>
<td>Carol Davis, DPT, EdD, MS, FAPTA</td>
<td>Grand Ballroom</td>
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<td>11:25 am - 12:25 pm</td>
<td>Towards a Salutogenic Science</td>
<td>David Rakel, MD</td>
<td>Grand Ballroom</td>
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<td>12:25 pm - 12:55 pm</td>
<td>Putting it All Together</td>
<td>David J Blyweiss, MD</td>
<td>Grand Ballroom</td>
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